

Equine Inspired Wellness Workshop Registration

**Mail to: Equine Inspired Wellness, LLC, 21837 108th Ave., Cadott, WI 54727 * 715-829-5379 *
Jayne@EquineInspiredWellness.com**

NAME _____

Name of Workshop _____

Date you will attend _____

Cost: _____

Address _____

City: _____

State: _____ **Zip** _____

Home Phone/Cell: _____

Email: _____

Make check payable to: Equine Inspired Wellness, LLC
Send check to: Equine Inspired Wellness, LLC
21837 108th Ave.,
Cadott, WI 54727

Cancellation Policy: Because we limit our workshop registration there is no refund 2 weeks prior to the workshop date. Payment can be credited toward another Equine Inspired Wellness workshop at a later date.

Name _____

Describe your interest in attending this workshop. What would you like to learn from this workshop?

Please share your horse experience. Please comment on your comfort level with horses (use an additional sheet of paper if needed).

Logistics Information

Workshops in Cadott, WI

If you are joining us in beautiful Wisconsin, where from April - November the weather can be hot, humid and sunny or cold, rainy and cloudy, you'll want to be prepared. Bring clothes for all weather. We do have a heated bathroom/shelter area; however, we LOVE the outdoors and will try to be outside as much as possible so please dress in layers and always bring a raincoat. Sturdy hard toed shoes are a must; you'll be working closely with the horses. If you have special dietary needs, please know you are welcome to bring your own food and snacks.

LIST of ITEMS to bring:

Sturdy boots with hard toe

Long pants - Shorts and light linen pants are ok with sturdy boots - but have jeans/breeches for riding.

RAINGEAR: Coat & Pants and hat or umbrella.

Depending on time of year - layers of clothing. Assume you will be outside all day.

Hat - anytime of year

Gloves for cold weather. Do not need gloves to work with horses.

Sunglasses

Sunscreen

Bug repellent: Flies can be nasty in the summer!

Please bring a water bottle. We will have drinking water so you can refill.

Camera

Pen for writing

Meals

Refill for water bottles, as well as, tea and healthy snacks will be available throughout the workshop.

LUNCH is included in the workshop fee and will be served each day. The meal will be catered in from Bake & Brew of Chippewa Falls, WI. The lunch box includes: sandwich, chips, pickle, fruit and cookie. The choice of sandwiches are chicken salad, turkey & cheese, tuna salad, or veggie roll-up.

The drive time to go out for lunch is too long. Please plan on joining us for lunch. You may bring your own lunch if you prefer.

PLEASE PRINT THIS SHEET AND TRAVEL WITH IT!

DIRECTIONS to our farm northwest of Cadott, WI (Our farm is about 30 min. from Eau Claire, WI)

(See www.EquineInspiredWellness.com "Location" for Google® map)

21837 108th Ave., Cadott, WI 54727

From Milwaukee/Madison: (4-5 hrs. drive):

Take I-94 to Eau Claire.

At **Eau Claire** head North on Hwy 53 (the sign will say toward Superior). Stay on Hwy 53 about 10 minutes until you come to Hwy 29 (You'll go by Lake Hallie). Turn RIGHT onto Hwy 29 toward Green Bay. Continue on Hwy 29 until you get to Cty X - Lake Wissota - exit 80 . At the stop sign you will go straight. Turn LEFT on Cty K and travel approximately 7 miles to 108th Ave. This will be a RIGHT turn (watch for 108th Ave after you pass the house with the brick archway). Travel on 108th to the second house on the right. FIRE # 21837 108th Ave., Cadott, WI 54727

From Minneapolis Airport (2 hrs drive)

From airport take 494 to I-94 towards Eau Claire, WI. Follow above directions from **Eau Claire**, WI.

Contact Information:

All registration questions: jayne@EquineInspiredWellness.com

Day of workshop: Jayne Wolff (cell) 715-829-5379

My Directions: